
JOHN DAVID HARWOOD

Tyler, TX 75701 ♦ 903-991-7515 ♦ jdharwood1882@gmail.com

OBJECTIVE

Results-driven professional prepared for sober coaching role. Offers extensive experience in developing tailored coaching programs that drive measurable improvements. Focuses on collaborative team efforts and adaptability to changing needs, ensuring consistent achievement of goals. Known for strong interpersonal skills and leadership qualities. Advisory board includes Chris Bowers who has 36 years working as a sober coach and Lenny Harner who has 31 years of clinical experience in addiction counseling.

SKILLS

- Action plan creation
- Communication and Active Listening
- Addiction and Recovery Support
- Time Management
- Critical Thinking
- Decision-Making
- Teamwork
- Personable and friendly
- Building relationships
- Ethics and integrity

WORK HISTORY

Grounds Keeper, 04/2023 - Current

Breedlove Nursery & Landscape – Tyler, TX

Contributed to overall property aesthetics improvements resulting from dedicated attention towards daily maintenance tasks and detail-oriented approach to groundskeeping.

Mental Health Intern, 01/2025 - 05/2025

Access – Jacksonville, TX

Mental Health Intern (Collaborative Roles through Coursework and Volunteer Settings)

- Collaborated in developing individualized treatment plans.
- Practiced empathetic listening and client-centered support techniques.
- Documented case notes and contributed to client progress tracking.
- Supported group therapy sessions and psychoeducational modules.

- Interacted and guided families in dealing with mental health issues.

Entrepreneurship, 01/2014 - 01/2022

Self Employed Writer and Chief Shepherd Clothing – Tyler, TX

- Photography and writing while traveling abroad. Designed and created my own faith based clothing line.
- Wrote 13 books. Published by Tate Publishing and Xulon Press. Gathered inspiration from personal experiences or current events to create relatable and thought-provoking content.

Eye Tech and Field Coordinator, 01/2012 - 07/2013

Mercy Ships Medical Ship – Sierra Leone, Africa

Organized volunteers and supervised while various eye surgeries and evaluations took place.

Investment Analyst Intern, 09/2009 - 09/2010

Hester Capital Management – Austin, TX

Developed strong analytical skills through exposure to various financial valuation techniques, such as discounted cash flow and comparable company analysis.

Credit Analyst Intern, 02/2009 - 08/2009

Plains Capital Bank – Austin, TX

Supported the team by conducting industry-specific research, identifying key trends and potential risks that could impact lending decisions.

Customer Sales Representative, 06/2005 - 06/2008

Silver Creek Outfitters – Ketchum, ID

Built strong relationships with clients through attentive service, leading to repeat business and referrals.

EDUCATION & CERTIFICATION

Mental Health Coaching Certification: Mental Health, 09/2026

The Addictions Academy - Santa Monica, CA

Sober Companion And Transport Certification: Addiction Counseling, 06/2026

The Addictions Academy - Santa Monica, CA

Recovery Coaching I & II Certification: Addiction Counseling, 06/2026

The Addictions Academy - Santa Monica, CA

Certificate of Proficiency in Addiction Counseling: Addiction Counseling, 05/2025

Tyler Junior College - Tyler, TX

Certificate of Completion: Alcohol And Drug Abuse Studies, 08/2011

University of California, Los Angeles - Los Angeles, CA

Bachelor of Arts: Communications, 08/2005

Texas Christian University - Fort Worth, TX

High School Diploma: 05/2000

All Saints Episcopal School - Tyler, TX

HONORS & AFFILIATIONS

- Certificate of Appreciation for the people of West Africa - Mercy Ships
- Certificate of Achievement - Mt. Kilimanjaro - Tanzania - Young Life
- Phi Delta Theta Fraternity
- Sons of the Republic of Texas

LANGUAGES

Spanish



Professional Working

VOLUNTEER WORK

Habitat For Humanity

- Maintained clean, neat, and operational facilities to serve wellness program needs.
- Provided outreach and resources to underserved communities.

PATH

- Represented organization positively and professionally while providing community with much-needed services.
- Used strong interpersonal communication skills to convey information to others.

INTERESTS

- Community Health and Wellness
- Travel and Cultural Exploration
- Fitness and Outdoor Recreation

- Local Advocacy and Volunteerism

PROFESSIONAL REFERENCES

- Lenny Harner - LPC, Clinical Director at Enterhealth Outpatient - 469-964-3162 -
lharner@enterhealth.com
- Christopher Bowers - CEO, Owner of Global Breakthrough Education - 214-693-8423 -
globalbreakthrougheducation@gmail.com
- Dr. Russell Packard, MD- Palestine Regional Behavioral Health- 903-731-5372
- Tony Rand - MSW, LSW, Director, Addiction Counseling Tyler Junior College - 903-510-2268 -
tran@tjc.edu
- Paul Breedlove - Owner of Breedlove Nursery and Landscape - 903-352-2840